

Sixth & I Signature Service & Experiences Schedule

Explore our *Heart, Mind, and Soul Three-Track Package* to connect to 5781. If prayer services aren't your thing, at any given time, you can choose from other offerings happening simultaneously including workshops, meditations, talks, and more. All offerings are included with your Rosh Hashanah and Yom Kippur tickets. Pre-recorded sessions will be released at their noted start times and then will be available to view throughout the holidays. Live, interactive sessions are noted in their descriptions below.

EREV ROSH HASHANAH friday, september 18

FOR YOUR SOUL

FOR YOUR HEART

FOR YOUR MIND

7:00 pm

Begin (*Ma'ariv*)
Signature Service led by Rabbi Shira and Rabbi Aaron

Seeing the Sacred
With Tara Brach

How We Remember with
Adam Serwer and Rabbi Shira

7:45 pm

Sermon (Rabbi Aaron)
Signature Service led by Rabbi Shira and Rabbi Aaron



ROSH HASHANAH saturday, september 19

FOR YOUR SOUL

FOR YOUR HEART

FOR YOUR MIND

10:00 am

Wake up (*Birchot HaShachar & Psukei D'zimra*)
Signature Service led by Rabbi Shira and Rabbi Aaron

Soulful Sounds with
Odetta Hartman

Jewish Jeopardy:
High Holidays Trivia (*live session*)

10:30 am

Build (*Shacharit*)
Signature Service led by Rabbi Shira and Rabbi Aaron

Gentle Yoga
With Alison Waldman

So God is Not a Being in the
Sky: Now What?
With Sarah Hurwitz and Rabbi Aaron

11:15 am

Study (Torah Reading)
Signature Service led by Rabbi Shira and Rabbi Aaron

Crafting a New Year
With Rachel Farbiarz

This Land is Whose Land?
With Suketu Mehta and
Rabbi Shira

11:45 am

Sermon (Rabbi Shira)
Signature Service led by Rabbi Shira and Rabbi Aaron



12:10 pm Mussaf story slam

Rosh Hashanah Feast:
Cooking Demo
With Chef Vered Guttman

How Has This Year Changed Us?
With Dr. Parker J. Palmer and
Rabbi Aaron

ROSH HASHANAH, DAY 2 sunday, september 20

FOR YOUR SOUL

10:00 am →

FOR YOUR HEART

Renew, Relax, Return:
A Rosh Hashanah Journey
With Rabbi Benjamin Shalva
(live session)

FOR YOUR MIND

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KOL NIDRE sunday, september 27

FOR YOUR SOUL

6:30 pm Kol Nidre
Signature Service led by Rabbi Shira
and Rabbi Aaron

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FOR YOUR MIND

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7:00 pm Begin (*Ma'ariv*)
Signature Service led by Rabbi Shira
and Rabbi Aaron

Surrendering to Love:
A Meditation for Release
With Rabbi Marc Margolius

Love in a Time of Rage
With Valarie Kaur and
Rabbi Shira

7:30 pm Sermon (Rabbi Shira)
Signature Service led by Rabbi Shira
and Rabbi Aaron

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YOM KIPPUR monday, september 28

FOR YOUR SOUL

10:00 am Wake up (*Birchot HaShachar &
Psukei D'zimra*)
Signature Service led by Rabbi Shira
and Rabbi Aaron

New Year Songfest (live session)

Black-Jewish Solidarity:
Challenges and Opportunities
With Leah Donnella and
Rabbi Aaron

10:30 am Build (*Shacharit*)
Signature Service led by Rabbi Shira
and Rabbi Aaron

Second Chances:
A Forgiveness Workshop
With Karen Paul (live session)

Justice, Justice, You Shall
Pursue with David Benowitz
and Rabbi Shira

11:15 am Study (Torah Reading)
Signature Service led by Rabbi Shira
and Rabbi Aaron

Faith for the Brokenhearted
With Rev. Daryl Kearney and
Rabbi Shira

What Makes a Text Sacred?
With Emily Bazelon and
Rabbi Shira

11:45 am Sermon (Rabbi Aaron)
Signature Service led by Rabbi Shira
and Rabbi Aaron

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12:15 pm Mussaf

A Rabbi and a Comedian Watch TV
on Yom Kippur with Ari Shaffir and
Rabbi Aaron

Sephardic Judaism 101 with
Rabbi Haim Ovadia

12:45 pm Yizkor

[Read Aloud Names of
COVID-19 Victims](#)

[Who Shall Live and Who Shall Die?
A Meditation with Rabbi
Jonathan Slater](#)

EVENING/NEILAH monday, september 28

FOR YOUR SOUL

6:30 pm Signature Service led by Rabbi Shira and Rabbi Aaron

FOR YOUR HEART



FOR YOUR MIND



PROGRAM DESCRIPTIONS

Seeing the Sacred

Friday, September 18 at 7:00 pm

This guided meditation led by [Tara Brach](#) will help you learn to recognize the sacredness that lives through all of life. Brach is the founder and guiding teacher of the Insight Meditation Community of Washington. She is the author of the international bestsellers *Radical Acceptance* and *Radical Compassion*, and her popular weekly podcast is downloaded 3 million times each month.

How We Remember

Friday, September 18 at 7:00 pm

How will our memories of the past year impact how we perceive what will happen in the year ahead? And beyond our personal experiences, how does public memory impact perceptions of the present and hopes for the future? In a conversation with Rabbi Shira, [The Atlantic](#) staff writer Adam Serwer explores how Americans and Jews remember and use, or misuse, history.

Soulful Sounds with Odetta Hartman

Saturday, September 19 at 10:00 am

Hailed as a “singular” artist by Pitchfork, future-folk singer-songwriter [Odetta Hartman](#) performs a set to help you connect to Rosh Hashanah and its themes.

Jewish Jeopardy: High Holidays Trivia

Saturday, September 19 at 10:00 am

Think you know the ins and outs of the High Holidays? Test your knowledge with this mini trivia quiz. No teams required; trivia will be played individually.

Gentle Yoga

Saturday, September 19 at 10:30 am

In celebration of Rosh Hashanah, Jewish yoga and mindfulness teacher Alison Waldman leads a morning of spiritual practice. With teachings from texts and a gentle yoga flow, center yourself on one of the holiest days of the year as we dwell and connect to the world around us.

So God is Not a Being in the Sky: Now What?

Saturday, September 19 at 10:30 am

If you don't think of God as an all-powerful being who controls everything and rewards and punishes us, does that mean you're an atheist? Agnostic? Spiritual but not religious? Not necessarily. In conversation with Rabbi Aaron and [Sarah Hurwitz](#), former head speechwriter for Michelle Obama and author of *Here All Along*, explore Jewish conceptions of God and how to develop a Jewish spirituality of your own.

Crafting a New Year

Saturday, September 19 at 11:15 am

Bring more mindfulness into everyday life in 5781. Artist [Rachel Farbiarz](#) will guide you through making three simple books, each focused on a different meditation, as well as exploring how to establish a habit for practicing meditative writing. Materials needed: paper, scissors, pen/pencil, and optional to have twine for binding the books. Farbiarz is a DC-based artist working in drawing, collage, and installation. Prior to making art, she practiced law, focusing on the civil rights of prisoners.

This Land is Whose Land?

Saturday, September 19 at 11:15 am

On the first day of Rosh Hashanah, we read about our forbears' Abraham and Sarah's exile of Hagar and Ishmael, a story of what happens when you treat people as "other" rather than "us." In a conversation with Rabbi Shira, [Suketu Mehta](#) will examine and wrestle with what we learn from this ancient text and how it connects to contemporary issues of global migration. Mehta is an Associate Professor of Journalism at New York University and author of *This Land is Our Land: An Immigrant's Manifesto*.

Rosh Hashanah Feast: Cooking Demo

Saturday, September 19 at 12:10 pm

In this demo, Chef Vered Guttman shows you how to whip up a [make-ahead breakfast](#) to enjoy on Rosh Hashanah morning including Jerusalem kugel, *haminados* (Stephardi-style hard boiled eggs), and quick Hungarian pickles. [Guttman](#) is a chef, caterer, and food writer whose work has appeared in *The Washington Post*, *Slate*, *Haaretz*, and others.

How Has This Year Changed Us?

Saturday, September 19 at 12:10 pm

Although the days, weeks, and months have blurred together, the beginning of the Jewish New Year is an important opportunity to reflect on the ways we, as individuals and as a society, have undergone a monumental shift this past year. In a conversation with Rabbi Aaron, [Dr. Parker J. Palmer](#)—a spiritual leader, educator, and activist who has written ten books including *Let Your Life Speak* and, most recently, *On the Brink of Everything*—will explore some of the spiritual lessons we might take from this moment of transition.

Renew, Relax, Return: A Rosh Hashanah Journey

Sunday, September 20 at 10:00 am

The New Year offers us an opportunity to renew our spirits and return to our deepest selves. Embark on a contemplative journey with Rabbi Benjamin Shalva through Jewish meditation, mindfulness, and movement practices. No prior experience necessary. Wear comfortable clothes and come as you are.

Surrendering to Love: A Meditation for Release

Sunday, September 27 at 7:00 pm

Yom Kippur can be understood as a 25-hour immersion in the practice of *chesed* (lovingkindness). [Rabbi Marc Margolius](#) of the Institute for Jewish Spirituality leads a 30-minute guided meditation on the spiritual practice of surrender, or releasing harsh judgments of ourselves and others for the ways in which we have missed the mark in the past year. This meditation is suitable to practice throughout Yom Kippur or during *tashlich* on the second day of Rosh Hashanah.

Love in a Time of Rage

Sunday, September 27 at 7:00 pm

This moment of reckoning in our nation is dark. Is this the darkness of the tomb, or the darkness of the womb? What if it is both? This famous reframe by Valarie Kaur, leader of the Revolutionary Love Project, inspires us to fight for social change in 5781. Kaur is a civil rights activist, lawyer, award-winning filmmaker, educator, and Sikh American voice. She is also the author of the recently released *See No Stranger: A Memoir & Manifesto of Revolutionary Love*. In conversation with Rabbi Shira.

New Year Songfest

Monday, September 28 at 10:00 am

Led by the Sixth & I Chorus, bring in the new year by raising your voice and singing along to some classic Jewish summer camp favorites like “Ilu Finu,” “Od Yavo/Salaam,” and “Lean on Me.”

Black-Jewish Solidarity: Challenges and Opportunities

Monday, September 28 at 10:00 am

In 1967, James Baldwin published an essay called “Negroes Are Anti-Semitic Because They’re Anti-White” in which he detailed some of the obstacles to Black-Jewish solidarity in the U.S. More than 50 years later, many of the same conditions persist, even as an increasing number of people are both Jewish and Black. Leah Donnelly of NPR’s “Code Switch” team and Rabbi Aaron will discuss why two groups that have both been marginalized so often find themselves at political odds, how recent events have magnified those tensions, and what true solidarity might look like.

Second Chances: A Forgiveness Workshop

Monday, September 28 at 10:30 am

Yom Kippur provides an opportunity for us to reflect on the previous year, consider those we may have wronged, and ask for forgiveness—a task that’s easier said than done. In a 30-minute workshop led by essayist Karen Paul, read atonements related to Yom Kippur, write your own letters of forgiveness through guided prompts, and share your reflections with the group. Paul is an essayist and memoirist whose work has been published in *Lilith*, *The Washington Post*, *Modern Loss*, and other sites. She teaches grief writing workshops and is writing a memoir on grief and widowhood.

Justice, Justice, You Shall Pursue

Monday, September 28 at 10:30 am

In this year of reckoning for our nation, during which we’ve called upon institutions that propagate systemic racism to reform, what does it feel like to be a true victim of that system? In a conversation about what it means to directly experience miscarriages of justice, hear from Calvin Bright, imprisoned for 25 years, and Lamar Johnson, imprisoned for 13 years, for crimes they didn’t commit and the resilience they drew upon to continue their fights for freedom. They are joined by their criminal defense attorney David Benowitz and Rabbi Shira.

Faith for the Brokenhearted

Monday, September 28 at 11:15 am

In difficult times, some people turn away from faith, while others hold on more tightly. What is it that belief can provide—and what is beyond even God’s grasp? Rabbi Shira and Pastor, Rev. Daryl Kearney of Turner Memorial AME Church dive into the Book of Isaiah seeking lessons on connecting to God and community in times of despair.

What Makes a Text Sacred?

Monday, September 28 at 11:15 am

Whenever we read a text written long ago, parts of it can seem at best irrelevant or at worst deeply offensive. This is no less true when the “text” is a sacred one, such as the Torah or American Constitution. This text study and conversation with Emily Bazelon and Rabbi Shira explores different ways to lift up meaningful parts of sacred texts while wrestling with problematic ones. Bazelon is a staff writer for *The New York Times Magazine*, Truman Capote Fellow at Yale Law School, and co-host of the “Slate Political Gabfest.” Her most recent book is *Charged: The New Movement to Transform American Prosecution and End Mass Incarceration*.

A Rabbi and a Comedian Watch TV on Yom Kippur

Monday, September 28 at 12:15 pm

This might be our first time tuning into Yom Kippur from home, but it's not the first time Yom Kippur has been featured on screen. Many of our favorite Jewish characters in film and TV have wrestled with the holiest day of the year, embracing or rebelling against the gravitas of the day. Comedian Ari Shaffir and Rabbi Aaron discuss three of their favorite Yom Kippur clips—what they get right, what they get wrong, and what they tell us about being Jewish in America today. Shaffir is a podcaster, writer, and producer who hosts the podcast “Skeptic Tank.”

Sephardic Judaism 101

Monday, September 28 at 12:15 pm

Most American Jews are less informed or unaware of non-Ashkenazi expressions of Judaism. In conversation with Rabbi Aaron, Rabbi Haim Ovadia—founder of the online community Torah veAhava—offers a brief introduction to the history and practices of Sephardi Jews, sharing some of the distinguishing features of Sephardic traditions and culture. Rabbi Ovadia has served as a pulpit rabbi for the past 30 years in synagogues across the world and is a faculty member at the Academy for Jewish Religion of California.

Read Aloud the Names of COVID-19 Victims

Monday, September 28 at 12:45 pm

Happening parallel to Yizkor, we'll honor those we've lost from COVID-19 by reading their names aloud. If you'd like to share a name to be read, please use [this form](#).

Who Shall Live and Who Shall Die? All of Us.

Monday, September 28 at 12:45 pm

With each inhalation we are born again into life, and with each exhalation we experience a small death. [Rabbi Jonathan Slater](#) of the Institute for Jewish Spirituality offers a 30-minute meditation practice for the High Holidays on confronting mortality in order to live more fully. This meditation is designed to help you learn how to feel your feelings without being overwhelmed by them and meet others with greater compassion and generosity.