

Had-la-kat Nei-rot

Some communities begin their services with candle lighting and an opening song or meditation to help separate the end of the work week from the beginning of Shabbat or the festival. Light the candles. Raise your hands as if to draw in the light, then cover your eyes as you say the blessing.

When lighting candles at the table, continue with Blessing the Children (page 48) followed by Kiddush for Shabbat (page 50) or Festival (page 52).

Shel Shab-bat

Ba-ruch A-tah A-do-nai E-lo-hei-nu

Me-lech ha-O-lam,

a-sher ki-d'sha-nu b'mitz-vo-tav

v'tzi-va-nu l'had-lik neir shel Shab-bat.

הַדְּלָקַת נֵרוֹת

שֵׁל שַׁבָּת

בְּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ

מֶלֶךְ הָעוֹלָם,

אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו,

וְצִוָּנוּ לְהַדְלִיק נֵר שֶׁל שַׁבָּת.

Candle Lighting

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For Shabbat

Blessed are You, Adonai, Our God,

Ruler of the Universe,

who made us holy with Your Commandments,

and commanded us to kindle the Shabbat light.

Make Circles

Make circles
to take in the light
that brings us Shabbat joy.