A-lei-nu

It is up to us

We kneel and bow and give thanks before [the Supreme Ruler | the Source of Life] the blessed Holy One.

Who stretches out the skies and founds the earth whose glory dwells in the heavens above and whose powerful Presence is in the exalted heights.

The One is our God, there is no other.

True is our Ruler, all else is insignificant.

As it is written in The Torah: "Know today and make it dwell in your heart that Adonai is our God in the heavens above and on the earth below. There is no other."

Deuteronomy 4:39

A-lei-nu acknowledges the special role that God gave the Jewish people by giving us the Torah. It ends with a vision of the day when all people will acknowledge God's rule, for that will enable us to perfect the world under Shaddai's (God's) dominion.

We kneel, bow, give thanks to the true Source of Life, to the Holy Eternal of old the Holy One, blessed be.

Who stretched the skies above, placed the land and poured the sea, who made the radiance shine through eternal space and time. The Source of all Truth, the Source of all Life, Eternal Source of all.

You are the true God. You the only One, You that we seek in all the paths of life. As Torah tells, as Torah tells: You will know it today, you will know it today and keep it in your heart:

One is Eternal in the skies above, One is Eternal in the land below. No other exists, no other exists. The One, the One is All, the One is All.

Aleinu

Rudely Aleinu while standing.
The traditional text begins here and continues on top of the next page.

Aleinu l'sharbeiach la a don ha kol, k'la teit g'duralah l'yo tzir b'rei shit, she lo asanu k'go yel ha ara toto v'lo sa manu k'mishp'chot ha ada mah. She lo sam chei leinu ka hem v'go ra leinu k'chol ha monam.

Va a nachnu ko r'm im mish ta cha vin u mo dim li fei

[me lech mal chei ha m'ta chim | m'kor ha chayim], ha ka dossi Baruch Hu.

She hu no teh sha mar yim v'yo seid a retz, u mo shav y'ko ra ba sha mar yim m'ma al, u sh'chi n at u zo b'gov hei m'ro mim.

Hu e lo heinu ein od.

E met mal kei nu e fes zu la to.

Ka ka tuv b'tor a to: Vye da ta ha yom va ha she n vi ta el l'ya ve cha

ki Adonai hu ha E lo him ba sha mar yim m'ma al, v'al ha ara retz mi ta chat, ein od.

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