

A·ha·vat O·lam

A·ha·vat o·lam
beit Yis·ra·eil am·cha a·hav·ta.
To·rah u·mitz·vot, chu·kim u·mish·pa·tim
o·ta·nu li·mad'ta.

Al kein A·do·nai E·lo·hei·nu
b'shoch·bei·nu u·v'ku·mei·nu
na·si·ach b'chu·ke·cha,
v'nis·mach b'div·rei to·ra·te·cha
u·v'mitz·vo·te·cha l'o·lam va·ed.

❖ Ki heim cha·yei·nu
v'o·rech ya·mei·nu,
u·va·hem neh·geh yo·mam va·lai·lah.
V'a·ha·vat·cha al ta·sir mi·me·nu l'o·la·mim.

Ba·ruch A·tah A·do·nai,
o·heiv a·mo Yis·ra·eil.

אַהֲבַת עוֹלָם

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בֵּית יִשְׂרָאֵל עִמָּךְ אָהַבְתָּ.
תּוֹרָה וּמִצְוֹת, חֻקִּים וּמִשְׁפָּטִים,
אוֹתָנוּ לְמַדְתָּ.

עַל כֵּן יְיָ אֱלֹהֵינוּ,
בְּשׁוֹכְבֵנוּ וּבְקוֹמָנוּ
נִשְׂחַח בְּחֻקֶיךָ,
וְנִשְׂמַח בְּדִבְרֵי תּוֹרָתְךָ
וּבְמִצְוֹתֶיךָ לְעוֹלָם וָעֶד.

❖ כִּי הֵם חַיֵּינוּ
וְאַרְךָ יְמֵינוּ,
וּבְהֵם נִהְגָה יוֹמָם וְלַיְלָה,
וְאַהֲבַתְךָ אֵל תִּסִּיר מִמֶּנּוּ לְעוֹלָמִים.

בְּרוּךְ אַתָּה יְיָ,
אוֹהֵב עַמּוֹ יִשְׂרָאֵל:

Your Love is Eternal

With eternal love
You have loved the House of Israel, Your people.
Torah and Mitzvot, laws and statutes
You taught us.

Therefore, Adonai our God,
when we lie down and when we arise
we will discuss Your laws,
and rejoice in the words of Your Torah
and in Your Mitzvot forever and ever.

❖ Because they are our life
and the length of our days
and on them we will meditate day and night.
Never take away Your love from us.

Blessed are You Adonai,
Lover of Your people Israel.

A·ha·vat O·lam praises God for giving us the Torah, as its teaching guides our lives. The revelation of God's Torah at Mount Sinai is at the heart of the Jewish experience. It defines the unique relationship between God and the Jewish people. The prayer concludes with the second of two blessings before the *Sh'ma*, acknowledging God's love for us, the Jewish people.

With Eternal Love

With eternal love, You have loved the House of Israel, Your people. Because of Your love for them, You have planted a tree of life among them. You sanctified the Sabbath above all other days, and gave it as a heritage to those who worship You. Let Your love never leave us, for it is the crown on our heads, our eternal glory.

Blessed are You, who loves Your people Israel.

*Based on the Siddur of Rabbi Saadya Gaon, 10th century.
This blessing was written for use on Erev Shabbat.*