Nish mat kol chai
tvareich et shimcha,
Adonai Eloheinu,
Yiruach kol basar
Raveir ut’romein zich r’cha, ma’aleinu, ta-mid.

Min havo-lam
V’ad havo-lam
At-tah Eil.

Um-belah-decha ein lenu m-lech
go-eli umosha,
podel umetzil,
umfarneis umfrechim,
b’tchol et tzarah vitsukah.

Ein lenu m-lech et-la At-tah.

35 P’sukei d’Zimrah

1. Let the soul-breath of every living creature,
every n’shamah, be a breath of
praise to You, Adonai our God.
Let every living spirit, every reach,
make Your spirit felt, Adonai our ruler.

2. From eternity to eternity, transcending space,
transcending time, You are God.
Min havo-lam v’ad havo-lam At-tah Eil.

3. And yet You are present in our lives.
Through You and You alone
we are rescued and redeemed.
You save us, You support us,
You are compassionate with us
at times of trouble and distress.

4. We have no Ruler but You.
En lenu m-lech et-la At-tah.

Your existence spans all time — past, present, future
— and You are responsible for all that exists.

And yet You guide Your world with loving kindness
and Your creations with compassion.